

APRIL 2026

DOWN SYNDROME NEW SOUTH WALES



<u>DAY</u>	<u>PROGRAM</u>	<u>EVENT</u>	<u>TIME</u>	<u>FORMAT</u>
THURSDAY 9 TH	Congratulations	<u>Congratulations Online</u> <u>Catch up 2026</u>	10:00AM TO 10:30AM	ONLINE
FRIDAY 10 TH	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 11 th	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
TUESDAY 14 TH	Ageing Well Initiative	<u>Ageing Well Initiative</u> <u>Online Catch UP!</u>	11:00am to 11:30am	ONLINE
FRIDAY 17 TH	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 18 th	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE

APRIL 2026

DOWN SYNDROME NEW SOUTH WALES



<u>DAY</u>	<u>PROGRAM</u>	<u>EVENT</u>	<u>TIME</u>	<u>FORMAT</u>
THURSDAY 23 RD	Congratulations	<u>Congratulations Online</u> <u>Catch up 2026</u>	10:00AM TO 10:30AM	ONLINE
FRIDAY 24 TH	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 25 TH	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
TUESDAY 28 TH	Ageing Well Initiative	<u>Ageing Well Initiative</u> <u>Online Catch UP!</u>	11:00am to 11:30am	ONLINE
FRIDAY 1 ST MAY	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 2 ND MAY	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE