

# APRIL 2026

## DOWN SYNDROME NEW SOUTH WALES



<u>DAY</u>	<u>PROGRAM</u>	<u>EVENT</u>	<u>TIME</u>	<u>FORMAT</u>
THURSDAY 9 <sup>TH</sup>	Congratulations	<u>Congratulations Online</u> <u>Catch up 2026</u>	10:00AM TO 10:30AM	ONLINE
FRIDAY 10 <sup>TH</sup>	Social Programs	<u>Live Music &amp; Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 11 <sup>TH</sup>	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
TUESDAY 14 <sup>TH</sup>	Ageing Well Initiative	<u>Ageing Well Initiative</u> <u>Online Catch UP!</u>	11:00am to 11:30am	ONLINE
FRIDAY 17 <sup>TH</sup>	Social Programs	<u>Live Music &amp; Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 18 <sup>TH</sup>	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE

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<u>DAY</u>	<u>PROGRAM</u>	<u>EVENT</u>	<u>TIME</u>	<u>FORMAT</u>
THURSDAY 23 <sup>TH</sup>	Congratulations	<u>Congratulations Online</u> <u>Catch up 2026</u>	10:00AM TO 10:30AM	ONLINE
FRIDAY 24 <sup>TH</sup>	Social Programs	<u>Live Music &amp; Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 25 <sup>TH</sup>	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
TUESDAY 28 <sup>TH</sup>	Ageing Well Initiative	<u>Ageing Well Initiative</u> <u>Online Catch UP!</u>	11:00am to 11:30am	ONLINE
FRIDAY 1 <sup>ST</sup> MAY	Social Programs	<u>Live Music &amp; Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 2 <sup>ND</sup> MAY	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE