

FEBRUARY 2026

DOWN SYNDROME
NEW SOUTH WALES



DAY	PROGRAM	EVENT	TIME	FORMAT
FRIDAY 6 TH	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 7 th	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
MONDAY 9 TH	Inclusive Education	<u>Teaching with Insight: Supporting Students with Down Syndrome</u>	11:00AM AND 3:00PM	ONLINE
THURSDAY 12 TH	Congratulations	<u>Congratuations Online Catch up 2026</u>	10:00AM TO 10:30AM	ONLINE
FRIDAY 13 TH	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE

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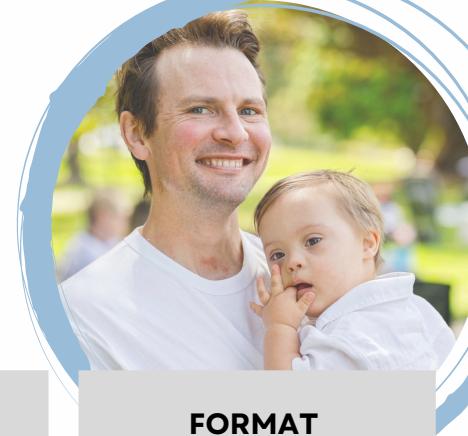
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DAY	PROGRAM	EVENT	TIME	FORMAT
SATURDAY 14 th	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
TUESDAY 17 th	Ageing Well Initiative	<u>Ageing Well Initiative</u> <u>Online Catch UP!</u>	11:00am to 11:30am	ONLINE
FRIDAY 20 th	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 21 th	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
WEDNESDAY 25 th	Congratulations	Members Lunch at Toongabbie office - <u>TO BE ANNOUNCED</u>	12:00am - 2:00pm	IN PERSON

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DOWN SYNDROME
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<u>DAY</u>	<u>PROGRAM</u>	<u>EVENT</u>	<u>TIME</u>	<u>FORMAT</u>
THURSDAY 26 TH	Congratulations	<u>Congratulations Online</u> <u>Catch up 2026</u>	10:00AM TO 10:30AM	ONLINE
FRIDAY 27 TH	Social Programs	<u>Live Music & Chat</u>	3:30pm to 5:30pm	ONLINE
SATURDAY 28 TH	Social Programs	<u>Saturday Night Fever</u>	6:00pm to 8:00pm	ONLINE
SATURDAY 28 TH	Social Programs	<u>UP! Club Free Culture Club</u> <u>Event - Cocktail and</u> <u>dumpling making session at</u> <u>Honkas Bar, Potts Point</u>	10:00am to 4:00pm	IN PERSON