



Achieving our full potential

UP!Club Penrith

September – December 2018

PROGRAM 2018



Sunday 30th September – Springtime Art Workshop. Followed by a Picnic at Glenbrook Lagoon

Gleeful Grandiva will be running a Springtime Art Workshop – decorating terracotta pots, planting succulents and making a creative scarecrow.

After the workshop we will walk to Glenbrook Lagoon and have a picnic.

Time: 11am – 2:30pm

Meeting point: 88A Glenbrook Rd Blaxland (11am)

Pick up/finishing point: 88A Glenbrook Rd Blaxland (2:30pm)

Prepaid ticket/event cost: Bring \$30 for the class

Support cost/event hours: 3.5 hrs NDIS scheduled rate (via invoice)

What to bring: Bring your own packed picnic lunch, hat & sunscreen

RSVP: Bookings essential. [Register online](#) by Thursday 13th September

Please note: You must book in online to attend before the RSVP date. If you have any questions about the event please contact Down Syndrome NSW on 9841 4444



Sunday 28th October – Movies at HOYTS Penrith

We will meet, choose a movie together and, if we have spare time, browse through some shops.

After the movie we will have lunch in the food court.

Time: 10:00am – 2:00pm

Meeting point: HOYTS PENRITH (10:00am)

Pick up/finishing point: HOYTS PENRITH (1:00pm)

Prepaid ticket/event cost: Bring \$30 for admission and lunch

Support cost/event hours: 5 hrs NDIS scheduled rate (via invoice)

What to bring: Opal card, water bottle and snacks

RSVP: Bookings essential. [Register online](#) by Thursday 18th October

Please note: You must book in online to attend before the RSVP date. If you have any questions about the event please contact Down Syndrome NSW on 9841 4444



**17TH NOVEMBER 2018 WET & WILD
COME ALONG FOR A SPECIAL EVENT, BRINGING
UP!CLUB GROUPS TOGETHER IN THE WILD WEST
FOR AN ACTION PACKED ADVENTURE!**

We will be going to wet & wild for the day & having lunch there.

Time: 11:00am – 4:00pm

Meeting point: Wet & Wild (11am)

Pick up/finishing point: Wet & Wild (4pm)

Ticket/event cost: Bring \$30 for park entry, \$20 for lunch

Support cost/event hours: 5 hrs NDIS scheduled rate (via invoice)

What to bring: Swimming costume, hat, sunscreen, towel, dry clothes to change in to, water bottle

RSVP: Bookings essential. [Register online](#) by 5th November

Please note: If you are not confident in the water please contact Down Syndrome NSW on 9841 4444 to discuss this event.



**2ND DECEMBER 2018 PENRITH UP!CLUB XMAS
PARTY**

**HO! HO! HO! DETAILS FOR ARE XMAS PARTY ARE
STILL COMING SOON...**

**Please note: If you are have any questions about the program please contact
Down Syndrome NSW on 9841 4444. We are happy to help you with your
enquiries**