



Achieving our full potential

UP!Club Blue Mountains

September – December 2018

PROGRAM 2018



Sunday 30th September – Springtime Art Workshop. Followed by a Picnic at Glenbrook Lagoon

Gleeful Grandiva will be running a Springtime Art Workshop – decorating terracotta pots, planting succulents and making a creative scarecrow.

After the workshop we will walk to Glenbrook Lagoon and have a picnic.

Time: 11am – 2:30pm

Meeting point: 88A Glenbrook Rd Blaxland (11am)

Pick up/finishing point: 88A Glenbrook Rd Blaxland (2:30pm)

Prepaid ticket/event cost: Bring \$30 for the class

Support cost/event hours: 3.5 hrs NDIS scheduled rate (via invoice)

What to bring: Bring your own packed picnic lunch, hat & sunscreen

RSVP: Bookings essential. [Register online](#) by Thursday 13th September

Please note: You must book in online to attend before the RSVP date. If you have any questions about the event please contact Down Syndrome NSW on 9841 4444



Sunday 28th October – Movies at HOYTS Penrith

We will meet, choose a movie together and, if we have spare time, browse through some shops.

After the movie we will have lunch in the food court then catch the train back to Springwood together.

Time: 9:00am – 2:00pm

Meeting point: Springwood Railway Station (9:00am)

Pick up/finishing point: Springwood Railway Station (2:00pm)

Prepaid ticket/event cost: Bring \$30 for admission and lunch

Support cost/event hours: 5 hrs NDIS scheduled rate (via invoice)

What to bring: Opal card, water bottle and snacks

RSVP: Bookings essential. [Register online](#) by Thursday 18th October

Please note: You must book in online to attend before the RSVP date. If you have any questions about the event please contact Down Syndrome NSW on 9841 4444



**17TH NOVEMBER 2018 WET & WILD
COME ALONG FOR A SPECIAL EVENT, BRINGING
UP!CLUB GROUPS TOGETHER IN THE WILD WEST
FOR AN ACTION PACKED ADVENTURE!**

We will be going to wet & wild for the day & having lunch there.

Time: 11:00am – 4:00pm

Meeting point: Wet & Wild (11am)

Pick up/finishing point: Wet & Wild (4pm)

Ticket/event cost: Bring \$30 for park entry, \$20 for lunch

Support cost/event hours: 5 hrs NDIS scheduled rate (via invoice)

What to bring: Swimming costume, hat, sunscreen, towel, dry clothes to change in to, water bottle

RSVP: Bookings essential. [Register online](#) by 5th November

Please note: If you are not confident in the water please contact Down Syndrome NSW on 9841 4444 to discuss this event.



**2ND DECEMBER 2018 BLUE MOUNTAINS UP!CLUB
XMAS PARTY**

**HO! HO! HO! DETAILS FOR ARE XMAS PARTY ARE
STILL COMING SOON...**

**Please note: If you are have any questions about the program please contact
Down Syndrome NSW on 9841 4444. We are happy to help you with your
enquiries**