



Down Syndrome NSW - Early Days Workshop 2

Down Syndrome NSW would like to invite you to Down Syndrome NSW's **Better Start Early Days** workshop.

This workshop supports parents of babies & toddlers with Down syndrome. The workshop will discuss:

- Brief get-to-know-you
- The juggling act
- Self-care check-in
- Developing a vision
- A team approach
- Early intervention
- Planning, goal setting & funding
- What's next?

Dates: Saturday 3rd February 2018

Time: 10am – 2pm. A light lunch will be provided.

Venue: Down Syndrome NSW Office, Level 6, 410 Church St Nth Parramatta 2151

****There is no cost to attend ****

On street 4 hour parking \$10.00

Book Now – Phone Down Syndrome NSW on 02 9841 4444 or email information@dsansw.org.au

The workshop is a great opportunity for new parents to meet other families and to get some valuable information about services available. The session is relaxed and quite informal to allow for the sharing of experiences and learning from others.

We hope to see you and look forward to hearing from you soon.

Lakshmi Ramjas & Marissa Rafati – Information & Support Team

*Please let us know if you have any special diet needs.

*Babies and toddlers are welcome (if attending, please tell us the name and age of your child when you book in). Please note there is no babysitting available for older siblings.